



NIGHT RESPITE PROGRAMME (DUSK TO DAWN)

AN OVERNIGHT RESPITE SERVICE FOR CAREGIVERS OF PERSONS WITH DEMENTIA

ABOUT

Persons with dementia who experience sundowning may get more confused, anxious or agitated towards the late afternoon and evening. This could disrupt their sleep and that of their caregivers. Dusk-to-Dawn engages them overnight while giving their caregivers much needed rest.

CONTACT

Email: dtd@stjh.org.sg
Phone: 6268 0482
Address: 36 Jurong West St 24
Singapore 648141

APPLICANTS MUST HAVE:

- A formal diagnosis of dementia
- Sleep difficulties at night e.g. difficulty falling asleep, having disrupted sleep, staying awake through the night, etc.

APPLICATION PROCESS:

- Complete the application form attached with this brochure and email the completed form to careinmind@aic.sg
- St Joseph's Home will contact you to arrange a meet-up to assess the suitability of the person with dementia
- Arrangements will be made for those eligible to enrol in the programme

ON YOUR FIRST VISIT, DO BRING:

- The discharge summary of the person with dementia (this is a summary of the person's health condition provided by the hospital)
- Formal dementia diagnosis report of the person with dementia
- Medication of the person with dementia

THE FOLLOWING WILL NOT BE ACCEPTED:

- Persons without a formal diagnosis of dementia
- Those who are violent, verbally and / or physically abusive or cannot be managed by our staff



ST JOSEPH'S HOME
CATHOLIC WELFARE SERVICES



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OPERATING HOURS

Mondays - Fridays: 8pm - 8am
Saturdays: 8pm - 8am (Effective from 1st April 2020)
Sundays & Public Holidays: Closed

DURING THE PROGRAMME:

Participants will get to engage in an array of activities and enjoy different relaxation spaces during the night. Care staff will accompany persons with dementia throughout the programme.

CAREGIVERS CAN USE THE SERVICE FOR:

Up to three times a week

This service is unavailable for use nightly as it is meant to complement, not replace, the care that caregivers provide.

HOW MUCH DOES IT COST?

\$130* per night (with transport)
\$100* per night (without transport)

*Amount stated is before GST and government subsidies. Government subsidies apply only to those with valid means-test subsidy rate.

*Fee covers snacks and in-house activities, but excludes medical consumables, supplements and diapers.

TRANSPORT

Transport slots are limited. Requests can only be accommodated to on a case-by-case basis.